



## National Dance Company Wales

On the 4th and 5th November 2015 The National Dance Company Wales came to Balby Central to work with high achieving students in dance and gymnastics.

The professional company held a workshop within school where children were taught the repertoire from 'Tuplet', the companies dance piece. Children were taught different warm up activities and dance skills.

The same children then went to Doncaster's theatre 'CAST' and worked with the professional dance company learning new ways to warm up and again learning different sequences. The children performed on stage with the company's dancers then watched the company perform their dance piece 'Tuplet'.

At the end of the workshop the children were involved in a Q & A session with the dancers. This allowed them to ask the professionals about life as a dancer and also about the choreography and tour.

This was an amazing experience for the children, giving them the opportunity to work with professional dancers in a professional environment.

