



Sporting Calendar 2015-2016

Date	Event	Evaluation	Impact
1/10/15	Dr Bike- Sustrans (Bike it) looked at the safety of all children's bikes and fixed them if possible i.e. brakes, flat tyres etc.	28 children brought their bikes into school with details of any problems. Tom (Bike it) was in school all day	Childrens bikes are checked to make sure they are safe to ride. Any problems fixed where possible at no charge.
3/11/15	National Dance Company Wales workshop (in school)	26 G & T children (dance) chosen to participate in a workshop in school led by professional dancers from the company.	Children have the opportunity to work with professional dancers learning rep and contemporary style of dance.
8/11/15	National Dance Company Wales	26 G & T children (dance) chosen to go to Cast to watch professional dance company perform professional work.	Children are given the opportunity to see professional work performed by professional dancers and a theatre. Q & A with dancers. Interactive matinee where all children have opportunity to learn warm up phrases and rep from 'Tuplet'.

6/11/15	Bikeability	year 3, 4 & 4 children involved in an hour session learning bike skills.	Children learn how to ride their bikes safely using ramps and resources.
November 2015	Do the Strictly	KS2 children participated in BBC's Strictly Come Dancing '#Do the Strictly'	Children watched professional dances on a video and learnt set routine
November 2015	Pyramid meeting held at Balby Central	Pyramid meeting to discuss upcoming competitions.	Sports hall athletics competition organised
December 2015	Chair Based Exercise	Year 1 children took part in a chair based exercise session with PULSE.	Inclusive for all Children who have learnt a new skill and way of exercising that can be used anywhere.
December 2016	The Great Big Dance off- entry	Dance club students to enter competition, hopefully gaining a place in regional finals.	Both entries entered were successful. Children to dance on a professional stage (CAST) with an audience. Competitive element, dancing against children from across the region. Inspirational to watch secondary school entries and see

			development.
January 2016	Tom Thorp- Endeavour Martial Arts. Whole school assembly and demonstration.	Children given an insight to a different sport.	Children have the opportunity to speak to a professional within the martial arts industry. opportunity to attend classes outside of school. (information on community sports board)
February 2016	The Great Big Dance Off- Competition	Children understand and are involved within a competition.	Children performed at a professional venue/stage. Competing against children within the region. Children saw performance from KS3 and KS4, aspiring them for the future.
March 2016	Doncaster Knights assembly	Children will meet professional rugby players from local professional rugby club- Doncaster Knights and hear their inspirational journeys to success.	Ollie Steadman attended school to talk to the children about his position, inspirational, role models, diets etc. Children took part in a Q & A session with Ollie and were informed about how to get involved with the

			Knights. Information can be found on the 'Sports in our Community' board.
March 2016	Tour De Yorkshire	Year 5 children designed a banner to be judged by Doncaster Council. The winning banner will be used to promote 'Tour De Yorkshire'. Balby Central are also part of the 'Tour de Yorkshire' bike campaign. The school have been given a bike to paint and present in school to promote the race that will pass through Doncaster.	The banner has been printed and will be presented on the front of school along with the bike in celebration of the event.
March 2016	Sports Relief 2016	Children to come to school dressed as their sporting hero or in sports clothing.	School raising money for charity. Amount raised: £157.50
April 2016	Balby Central to host Balby pyramid meeting	Leaders will meet with other schools in the community to discuss upcoming competitions and events in the area.	Pyramid events booked into the school calendar for Summer terms.
April 2016	Big Pedal Launch	Our Bike it leader Tom will launch the Big Pedal on the 8th April in a assembly. The Big Pedal is the UK's largest inter-school cycling	Inspires pupils, staff and parents to choose two wheels for their journey to school.

		and scooting challenge.	
April 2016	Self Defence Class	Year 5 and 6 girls have the opportunity to take part in a self defence course ran by a professional in the area from the ACMAC Martial Arts Centre.	Children learnt practical skills to protect themselves. They were involved in discussion scenarios and told which techniques to use in different situations.
April 2016	'Tour de Yorkshire' schools race	1 girl and 1 boy will be chosen from heats held in school to compete against other schools on the 30th April where the Tour de Yorkshire stage 2 finishes.	Kirsty and Kobi from year 5 participated in the race Kirsty finished the sprint in 1 minute 6 seconds and Kobi in 1 minute 4 seconds. The children represented the school in a professional manor and were in the local newspaper celebrating their achievements.
April 2016	The Big Pedal- Being a 'Bike It' school we have entered Sustrans' Big Pedal competition. This is an inter-school cycling and scooting challenge that inspires pupils to ride their bike or scooter to school, encouraging a healthier lifestyle option and active way of travel. Opportunity for intra- school	Over a two week period data will be collected on how many children cycle or scoot to school. Each day the data will be collated on The Big Pedal website, showing where the school is within the	Balby Central logged 782 journeys and had nearly 20% of children travelling to school on their bikes or scooters! Balby

	competitions will be run against and in year groups.	competition. The top 5 days will be entered into the final leaderboard.	Central finished in 934th place.
May 2016	Dr Bike- Dr Bike- Sustrans (Bike it) looked at the safety of all children's bikes and fixed them if possible i.e. brakes, flat tyres etc.	42 children brought their bikes to be seen by Tom the Sustrans officer for the Doncaster area. This was an increase on the last Dr Bike session of 14.	Children will have a safe bike to ride outside of school.
May 2016	Balby Central yr 5 & 6 football team played in a intra-school football tournament at Keepmoat Stadium.	Children competed against 12 schools from the area. Match outcome: won 2 Drew 1 Lost 2	Children encouraged to compete against other schools, confidence improved and skills from weekly training sessions put into game situations. Children played at a professional sporting venue at local football stadium 'Keepmoat'.
21st June 2016	'Learn to Ride'	Learn to Ride without stabilisers event ran by Sustrans- Bike It.	Reception children given the opportunity to learn to ride their bikes without stabilisers.
24th June 2016	KS2 Sports Day	All children from KS2 involved in a range of activities- showcasing what they have learnt in PE. Activities were	Children encouraged to participate in all aspects of the day. Competition and

		<p>on a carousel- shot put, javelin, sprint, hurdles, target throw and long jump. Children from across the key stage were put into 4 colours (mixed ability teams) red, blue, yellow, green with each colour collecting points once they have completed and won a activity.</p>	<p>team element.</p>
28th June 2016	Basketball competition	<p>Children from year 5 and 6 encouraged to enter the basketball competition- mixed ability/gender teams. Competition to be held at lunchtime with year 3 and 4 spectating.</p>	<p>Children chose their own teams giving them their independence to work as a team. All teams entered put into different groups and competed against each other during lunchtime.</p>
30th June 2016	Strictly Balby Summer Spectacular	<p>Children who have attended dance club from September will perform routines from a variety of dance styles to an invited audience.</p>	<p>Children in costumes performing to an invited audience.</p>
1st July 2016	Picnic Day- dance performances	<p>Each year group to perform a dance to an audience. Routines learnt in PE-dance for performance. Music taken from each decade in celebration of the Queen's birthday.</p>	<p>Children to perform dance routines learnt in PE focusing on performance skills and presentation.</p>

8th July 2016	KS1 Sports day	All children involved in inclusive activities. Activities in the style of olympic sports adapted for age groups and ability. Children completed activities in a carousel with parent/carers engagement and encouragement.	Children to showcase their skills learnt in PE lessons and engage parents in their learning.
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